

FROM HARM TO HOPE:

# The 10th National Self Harm & Suicide Prevention Conference 2025

EVERY LIFE MATTERS, BUT WHO DO WE SAVE?  
THE COMPETING DEMANDS ON SERVICES WHEN DELIVERING  
LIFE-SAVING SELF HARM AND SUICIDE PREVENTION WORK

**FRIDAY 28th FEBRUARY 2025 9am – 5pm**  
TRENT CONFERENCE CENTRE, TRENT VINEYARD, NOTTINGHAM NG7 2PX  
IN PERSON & ONLINE • [WWW.HARMLESS.ORG.UK](http://WWW.HARMLESS.ORG.UK)

FROM HARM TO HOPE:

# The 10th National Self Harm & Suicide Prevention Conference 2025

AN INSPIRATIONAL DAY OF LEARNING AND COLLABORATION



Join Harmless – the national centre of excellence for self harm and suicide prevention – as it leads National Self Harm Awareness Day 2025 with its annual flagship conference. Featuring a range of expert speakers and leading academics, this is your opportunity to join delegates from across the sector for an engaging day of specialist and evidence-based content.

We are delighted to confirm that our plenary speakers include representatives from:

- **Department of Health and Social Care**
- **National Suicide Prevention Alliance**
- **Nottinghamshire Healthcare NHS Foundation Trust**
- **Gambling With Lives**
- **Harmless & The Tomorrow Project**

A full agenda will be confirmed shortly. Fully CPD-accredited, the event will deliver knowledge and practical solutions for implementation in real-life situations, as well as the chance to share experiences. The format includes plenary presentations, workshops and networking opportunities. Uniquely for events of this type, all proceeds from ticket sales go directly towards funding Harmless' life-saving services.

2025 will see us celebrate the 10th edition of the conference and our theme for this year is *Every Life Matters, But Who Do We Save? The Competing Demands on Services When Delivering Life-Saving Self Harm and Suicide Prevention Work*. As at previous events, our strategic focus will be on:

- Collaborative Partnership
- Service-User Representation
- Effective Practice
- Driving Change
- Overcoming Stigma and Discrimination

A full line-up of our guest speakers and workshop leaders will be announced soon.

Following two hugely successful conferences at Trent Conference Centre in Nottingham, we are delighted to be returning there again in 2025. Refreshments and a complimentary hot lunch are included with your ticket. The venue is well served by public transport and has ample car parking. Delegates unable to attend in person can also participate via a live stream.

We hope you can join us to learn, collaborate and contribute to what is always a fascinating and memorable event.

“**Brilliantly informative and thought-provoking**”

– 2024 Delegate

## DATE & VENUE

The conference takes place on **FRIDAY 28th FEBRUARY 2025** from **9am – 5pm (BST)** at **Trent Conference Centre, Trent Vineyard, Unit 1, Easter Park, Nottingham NG7 2PX**. You can also join the event via our **LIVE STREAM**.

## FURTHER INFORMATION

For further information, please visit [www.harmless.org.uk](http://www.harmless.org.uk)

If you have any specific queries, please contact [training@harmless.org.uk](mailto:training@harmless.org.uk)

## UPDATES

The best way of keeping up-to-date with the latest news regarding our guest speakers is to join our [mailing list](#) or to follow us on X: [@HarmlessUK](#)

## BOOKING

All tickets are available from [our Eventbrite page](#).

### Tickets

In-Person: £130

Live Stream: £80

All revenues raised through ticket sales go directly towards supporting Harmless' life-saving services.

**CPD**  
**CERTIFIED**  
The CPD Certification Service