4th August from 10 am - 12 noon Blakenall Village Centre, 79 Thames Road, Blakenall, WS3 1LZ

With a BSL Interpreter *Lunch provided

healthwetch Walsall Annual Public Meeting

- Presentation of our Annual Report.
- Presentation around Social Prescribing.



healthwetch

Walsall



Annual Report Presentation 2021/2022
Presentation about Social Prescribing





Outline of meeting

- Introduction and welcome
- Meeting Etiquette
- Presentation and Q&A session
- How to get involved with Healthwatch Walsall
- Information and signposting
- Share your services experiences
- How to contact us





Meeting Etiquette

- Please put your phones on mute
- Comments and questions can be made when asked for by presenters
- Please respect each other and raise your hand up if you wish to make a comment or ask a question



Championing what matters to you

Healthwatch Walsall Annual Report 2021-22





Our Annual Report presentation

Contents

- Message from our Advisory Board Chair
- About us
- Our year in review
- Listening to your experiences
- Advice and information
- Volunteers
- Finances and future priorities
- Statutory statements
- The way we work
- How to contact us

Our year in review

healthwatch
Walsall

Over 300 people shared their health and social care experiences

Almost 300 came to us for information and advice

We published 16 reports throughout the year.

We had 21 volunteers who supported us to deliver our work

We engaged with almost 2,800 people in Walsall

We issued and analysed 11 surveys to support intelligence gathering

We had 23,449 visitors and 42,524 page views of our website

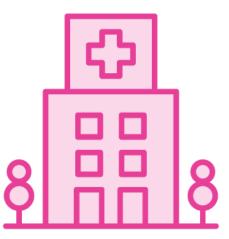
We had 2,614 social media follower sand made nearly 1,000 media posts





Two main pieces of work from what people

told us



From public intelligence gathered through 2020/ 2021 about their experiences when using Walsall Urgent Treatment Centre in Walsall Manor Hospital.

We decided to a look at the service.

We surveyed service users as well as collated past experiences to form a report, which we issued and is now on our website.

We decided to incorporate young people's experiences and views when using health and social care services.

We have employed a dedicated Youth Engagement Officer to identify what services are important to young people and how they access them. But also to identify any gaps in services that may help the young people of Walsall. Work from the findings may form a piece of work for next year.







Other work with did with the public and partners

- We continued our 1st Friday Focus meetings online
- We continued a befriending service with the socially isolated
- We delivered our Engage & Share work

We supported work such as:

- Pharmaceutical Needs Assessment
- Repeat Prescription Ordering Hub
- We produced and shared reports about Walsall GP services and Walsall Manor Hospital services

Championing what matters to you | Healthwatch Wolsoll | Annual Report 2021-22

Our work with Walsall Together



patient and Service User Engagement April 2

Healthwatch Walsall were commissioned by Wa. the patient, service user and citizen engagemen Cardiology, Respiratory, Mental Health, End of Life life early child. This has been to ensure that pa and involvement has been and continues to b priorities for changes in service delivery.

What have we done during this financ

- We held more than 15 virtual workshops
- We engaged with over 200 people thro
- We tabled 3 reports on living with and and end of life and palliative care.
- presented several patient/service us to ensure that the patient voice is li

The reports can be found at: https://

The programme team for Walsall to look at how positive changes c based on the views from local pe

We held 7 Service User Group n. experience to share views and User Group is made up of a nu with long term health conditio inequalities. This group has al

Some of the presentations care records and what this developing and helping to supported through the Wo

Using the skills, knowledg Group', working togethe services in Walsall. The used to inform and sho Championing what matters to you | Healthwatch Walsall | Annual Report 2021-22

Our work with Walsall Together



Paul Higgitt - Senior Engagement Lead

From the engagement work and recommendations from the 'Living And Managing With Diabetes' report, we have developed a Walsall Diabetes Peer Support Group to bring people together and share experiences of living with and managing diabetes. We have also had several presenters giving advice on topics such as medicines management, nutrition, and healthy living.

We have also been involved in the Resilient Communities part of Walsall Together. This is a Partnership working group looking at tackling the wider inequalities that people face in our communities and looking at plans and strategies to improve the people face in our confirmations and nowing at prairie and sucregies to impro-lives of people who face many challenges both health and socio economic.



Phil Griffin - Walsall Together Service User Group

We have collaborated with patients, service users and carers over the last year with the aim of finding out what they think of health services they are accessing or have accessed. This has been hugely challenging given the need to move to different types of engagement media from those we were able to use initially before the pandemic began.

Using different engagement approaches we have learned a lot about services patients have accessed or are still accessing and have shared our findings in the form of engagement reports with the local providers of services and those that commission them with the intention that this would help to improve services at the point of delivery right across the patient journey.

The aim is to enable and empower communities and individuals to access the care they need as early as possible by building resilient communities and having accessible primary care and other community-based specialist services with access to hospital and specialist services when there is a need.





Walsall Together Patient and Service User Engagement April 2021-2022

Healthwatch Walsall were commissioned by Walsall Together (WT) in 2019 as part of the patient, service user and citizen engagement around 6 priority areas: Diabetes, Cardiology, Respiratory, Mental Health, End of Life & Palliative Care, and best start in life early child. This has been to ensure that patient and service user engagement and involvement has been and continues to be at the forefront on Walsall Together priorities for changes in service delivery.





In addition:

- We held more than 15 virtual workshops to capture patients lived experiences
- We engaged with over 200 people through our workshops and engagement
- We tabled 3 reports on living with and managing respiratory and heart conditions and end of life and palliative care
- Presented several patient/service user stories to Walsall Together Partnership Board to ensure that the patient voice is listened to and acted upon at the highest level





We finally got out and about

- Diabetic Awareness events
- International Cycling-Women's event
- Walsall Manor Hospital weekly
- Jumped on the Thrive Bus
- Visited a number of community partners events





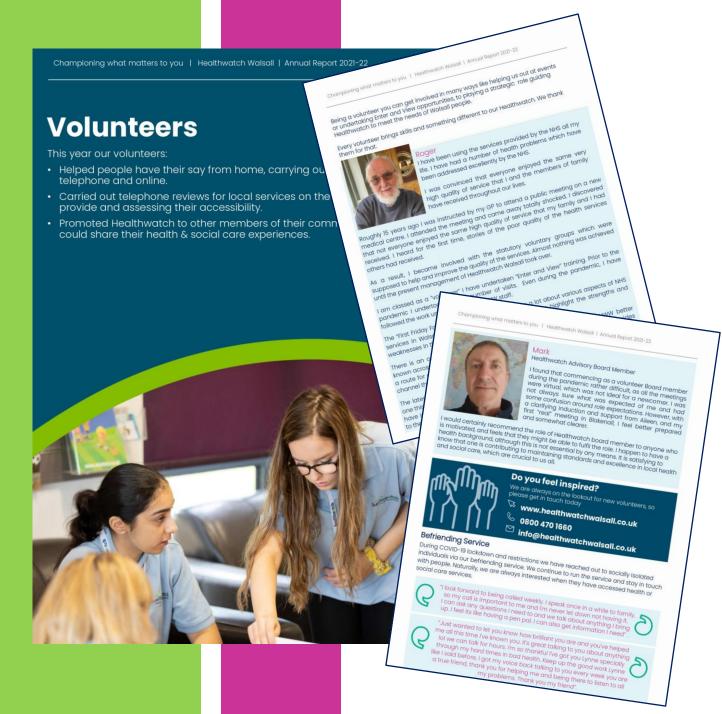
Share your
Health & Social Care
services experiences.
Leave a service review,
visit our 24/7
Service Feedback Centre.

healthwetch





voice Counts





Our Volunteers

Its been a difficult time during COVID19 to offer volunteering roles. But we have asked volunteers to keep safe, spread the word about Healthwatch Walsall and when they can take part in and promote any surveys.

A small cohort of volunteers have still been involved with projects over the phone, and by spreading the work we do in their communities.

If you are interested in volunteering with us then come and chat with us.

healthwatch Walsall

Our work for 2022/ 2023



Walsall Manor
Hospital
Discharge to
home and other
care venues

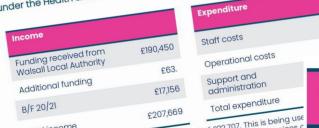
A young peoples piece of work about a service that affects them



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Finance and future priorities

To help us carry out our work we receive funding from our Local Authority under the Health and Social Care Act 2012.



We ended 2021 with a balance brought forward of £22,707. This is being use we ended 2021 with a balance brought forward of £22,707. This is being use fund a 12 month Youth Engagement Officer Post to help us get the voices c

- Top two priorities for 2022-23 Discharge from Walsall Manor Hospital – to residents own hom
- Young persons project to be defined by young people and de part of the year 2022/23.

The pandemic has shone a stark light on the varying levels and c access, testing, diagnosis and treatment of many conditions, as existing inequalities when using health and care services. Highlic existing inequalities when using neutin and care services, riighiiş of championing the voices of all and importantly those who ofte

Over the coming year, our goal is to make sure Walsall peoples decision makers reduce the barriers people face, regardless of where people live, differing levels of education, differing levels (indicate health inequalities.

These experiences and views will be analysed and will lead project



Finance

Income	
Funding received from Walsall Local Authority	£190,450
Additional funding	£63.
B/F 20/21	£17,156
Total income	£207,669

Expenditure	
Staff costs	£136,901
Operational costs	£13,082
Support and administration	£34,979
Total expenditure	£184,962

Young Healthwatch
Our Youth Engagement Officer is carrying out a young people our Youth Engagement Officer by obtain service experiences and views of young volunteers to obtain service experiences and views of heard.

We ended ZuZi with a balance brought forward of £22,707. This is being used in 2022/23 to 90 to 100 to 100

20

£136,901

£13,082





Special Invitation to the Walsall public to attend a presentation and a guide around the NEW A&E build soon to open in Walsall.

This follows on from some work we did last year arranging focus groups from various communities in Walsall such as the Blind/visually impaired, Deaf/hard of hearing and people with additional needs and members of the Walsall public.

BOOKING EVENT ONLY. SO Please book today or very soon!

Social Prescribing Service Walsall Primary Care Network (PCN)

Charlene Reece – Senior Social Prescriber – North, West 1 and West 2

Fatima Kasujee – Senior Social Prescriber – South 1, South 2, East 1 and East 2



What is the Social Prescribing Service?

- According to the NHS in 2019 up to 1/3 of GP appointments did not need to be with a Doctor (NHS, 2019).
- ➤ To help reduce the pressures on doctors in primary care additional staff/roles are being recruited as part of the personalised care model within NHS England's Long Term Plan (NHS, 2019), This includes the recruitment of social prescribers.
- ➤ The purpose of the Social Prescribing is to support patients with their non-clinical needs (Physical, Mental, Financial, Educational and Social) and work with them using a "what matters to me" approach so they can be connected to the right services and support to help meet their needs.



Walsall Social Prescribing Service

Primary Care Networks

Improving Health

- In April 2020 OurNet Health Services Ltd employed 8 Social Prescriber Link Workers to work in partnership and support the 52 G.P practices in the 7 PCN Localities within the Walsall borough.
- ► To date (July 2022) the number of Social Prescriber Link Workers has now expanded to 14 with a view for further recruitment to meet the increased demand for the service from patients living in the Walsall area.



Primary Care Networks



South 1:

Social Prescribers covering this area: (Currently recruiting)

- Little London Surgery
- Beechdale Health Centre
- Saddler's Health Centre
- Brace Street Surgery (Brace Street Health Centre)
- Dr Kumar & Singh (Brace Street Health Centre)
- Dr Mahbub's Surgery (Brace Street Health Centre)
- Forrester Street Modality Group Sai Medical Centre
- Pleck Health Centre
- Ambar Medical Centre

South 2:

Social Prescribers covering this area: Fatima Kasujee and Kate Evans

- Lichfield St Surgery
- Sycamore House Medical Centre
- The Limes Medical Centre
- St Peters Surgery
- Broadway Medical Centre
- Palfrey Health Centre



Primary Care Networks



East 1:

Social Prescribers covering this area: Brenda Hodgetts and Kathryn Sasaru

- Parkside Medical Practice
- St John's Medical Centre
- Streets Corner Surgery
- Chapel Street Surgery
- New Road Medical Centre
- Holland Park Surgery
- High Street Surgery
- Walsall Wood Health Centre

East 2:

Social Prescribers covering this area: Gurdip Sahota, Michelle Barton and Sharon Roadnight

- Blackwood Health Centre
- Collingwood Family Practice
- Northgate Practice
- Portland Medical Practice
- Rushall Medical Centre



Primary Care Networks



West 1:

Social Prescribers covering this area: Minaz Bi and Alison Yates

- Kingfisher Berkely Practice
- Stroud Practice
- New Invention Health Centre
- Modality Darlaston
- Darlaston Family Practice
- Dr Khan's and Qureshi

West 2:

Social Prescribers covering this area: Jaz Seehra and Tanya Graham

- Sina Health Centre
- Lockfield Surgery
- Lockstown Practice
- Croft Surgery
- Moxley Medical Centre
- Rough Hay Surgery
- Birmingham St Surgery
- ▶ The Keys Family Practice



Primary Care Networks



North Practices:

Social Prescribers covering this area: Charlene Reece, Holly Pointon and Rebekah Millington

- Birchills Health Centre
- Blakenall Village Family Practice
- Leamore Health Centre (Harden)
- Lower Farm Health Centre
- Mossley & Dudley Fields Surgery
- Pinfold Health Centre Practices 5 in total under 1 building.

Pinfold Health Centre:

- Pinfold Medical (previously known as All Saints Surgery /Field Road Surgery)
- Bloxwich Medical Practice
- Khan Medical Practice
- St Luke's Surgery
- St Mary's Surgery



Access Criteria for the Walsall Social Prescribing Service



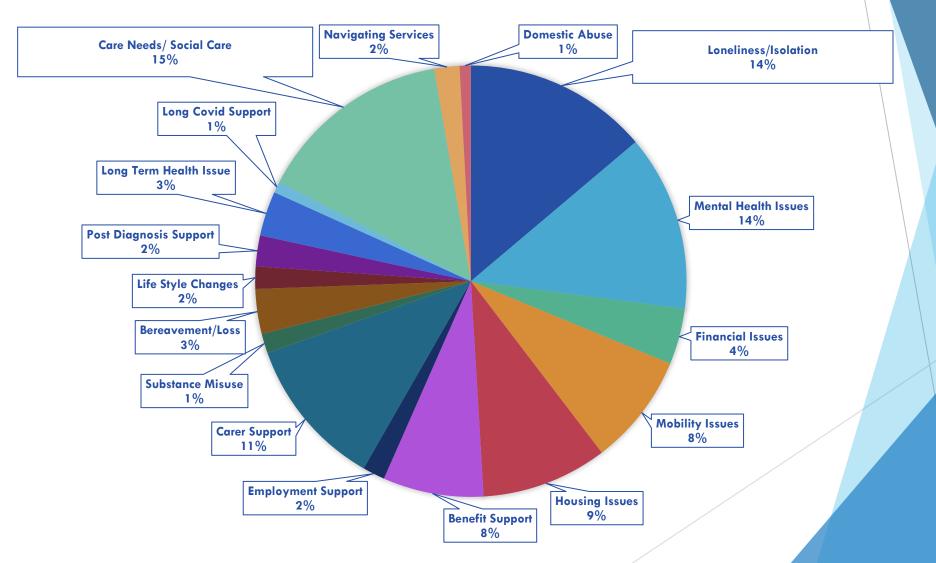
- Patient must be registered with a Walsall G.P.
- Patient must be aged 18+ who would benefit from non-clinical support, this could include:
 - Carers (informal carers caring for relatives/Family/friends etc.)
 - Those who are socially isolated
 - Those with a history of mild to moderate mental health conditions that interfere with daily function
 - Those with long term conditions who are not responding well to medical interventions
 - Those who have the capacity to self-manage with community-based support
 - Those who frequently attend their GP surgeries for non-medical reason
 - Those living with Chronic pain

List of reason's patients have been referred to the Walsall Social Prescribing Service:

- Loneliness & Isolation
- Health & Lifestyle choices
- Mental Health (Anxiety, Depression, Stress)
- Carer/relative with concerns
- ▶ Living with Long-Term Health conditions (Diabetes/Fibromyalgia/Dementia)
- Bereavement & Loss
- Housing issues
- Money worries
- Employment support
- Education access
- Access to services who can support with Independent living
- Access to local community groups and services



Referral Reasons April 2021 – March 2022 Information is collated across all North PCN Practices



Case Study 1

Reason for referral

Patient was referred by GP for low mood and anxiety

Issues Identified

- Unhappy in her current employment
- On a period of sick leave and receiving basic Statutory Sick Pay
- Unable to afford rent so moved in with partner's family causing friction in relationship; escalating anxiety

Support provided

- Given time to discuss issues she was experiencing and a care plan developed
- Referred to 'Thrive into Work ' for support with retaining current but also finding new employment
- Referred to counselling service offered by local charity whilst waiting for Talking Therapies on the NHS
- Referred to peer support for BAME communities struggling with their sexuality

Benefits to patient

- Encouraged to explore triggers impacting her mental health
- Supported by Thrive Into Work' to secure a new job role which she stated was 'much more fulfilling'
- Able to move back into her own property
- Able to access supplementary counselling whilst on a waiting list
- ▶ Reduction in GP appointments due to engagement with other streams of support

Case Study 2

Reason for referral:

83 years old Patient - Patient requesting support with Housing Situation which was impacting on mental health and physical health.

Issues Identified:

- Patient (Pt) talked through current housing issues and desire to move from current property lived in house for over 40 years, rough area but has slowly gotten worse over the past 12 months, Pt's spouse died in 2017 some financial difficulties following this, Pt is main carer for son (48) who has a Mental Health diagnosis and is unable to live on their own, Pt's Neighbour/friend died a year ago and their property has been left vacant since and looks derelict, Pt stated as a result of the Property looking derelict there has been an increase of strange people approaching the neighbours property and Pt's (Pt has CCTV around their property). Pt stated that the vacant property has also been attracting vandals who have broken into the property and set fire to the back garden which also set fire to the Pt's fence. Patient stated that due to recent break-in and concerns that her own property may now be targeted they have having difficulty sleeping at night which is having an impact on their mental health and their physical health which is impacting on Activities of Daily Living (ADL's). Pt stated they feel like a prisoner in their own home as no longer feeling safe to leave the property.
- Pt has already been supported by Granddaughter to apply online for WHG properties Pt is gold banded but not priority move list and identified on account as being able to apply for flat's but unless ground floor they would be unsuitable and would benefit from a bungalow. Pt's Granddaughter has also contact Local MP for support with ant-social behaviour in the area and to see if they can support in getting moved but no help available. Pt has a WHG support worker who has advise them to contact police if strangers seen around property Pt did not want to call the police due to fear of retaliation from the vandals in the area if they see the police at their property.

Support provided:

- > Pt was referred to Occupational Therapy service (O.T) with consent following OT assessment re-housing report completed and equipment provided to Pt for ADL's
- Social Prescriber contacted Adult Social Care following discussion Pt and son would be unable to move to Sheltered accommodation or Extra Care facility together due to criteria but could access separate facilities to have needs met Pt did not want this.
- Social Prescriber contacted WHG to discuss additional support needs of vulnerable Pt and identified issues discussed with Pt including banding.
- Social Prescriber and Pt discussed options for contacting police for support informed about 101 to report any suspicious activity, request plain clothed officer to attend to reduce Pt anxiety over retaliation Pt stated not aware of this so will contact them for support as and when needed
- Social Prescriber and Pt discussed benefits that Pt and their son could access to help with financial worries (Attendance allowance) Pt unaware of benefit so will ask granddaughter to support to apply.

Benefit to Patient:

Patient was supported over a 2 month period with 4 calls to Pt and 3 calls to other professionals - Following the support and information provided through the Social Prescribing Service, and services contacted on their behalf or referred into for support, Pt was moved to the priority move list on Gold banding for WHG's and informed they would be next on the list for a 2 bedroomed bungalow which the Pt was really happy with as they could move with their son. Pt's Granddaughter supported Pt to apply for benefit's discussed and accessed the WHG financial and advice service who also helped the Pt access the fuel payment benefit currently available. Pt decided not to contact 101 at this point as she was still very anxious about retaliation but happy to know she can call them if needed.

How to access the Walsall Social Prescribing Service

- You can contact your G.P practice and request a referral into the Social Prescribing Service directly through the reception team.
 - You do not need to book an appointment with a clinical team member but you will need to provide the receptionist with information relating to the issues or concerns that you require support with.
- You may be visiting your G.P Practice for a clinical/health issue and mention to the G.P or other clinical staff member that you require support regarding a non-clinical matter. The G.P/clinical staff member may complete a referral to our service, with your consent, to allow us to support you with the non-clinical/non-medical issue or concern..



What to expect from your Social Prescribing Service...

Your Link Worker is ...

- Someone who will give you time to speak through your issues and concerns
- Someone to talk to confidentially
- Someone to work with you to develop a personalised support plan focusing on "what matters to you" and provide ongoing support that meets your individual needs and enables you to achieve your goals.
- Someone who can help you find and visit activities, services or therapies of your choice.
- Someone who can support you along the way to feel more comfortable, confident and help you to overcome barriers and work towards a brighter future



Social Prescribing Evaluation



- According to the Kings Fund in 2020 "there is a growing body of evidence that social prescribing can lead to a range of positive health and wellbeing outcomes" whilst they acknowledge further work is needed to strength the evidence base.
- ► Kings Fund detail an evaluation of a social prescribing programme in Shropshire between 2017-2019 which found people reported statistically significant improvements in wellbeing, patient activation and loneliness. At three-month follow up it also found GP consultations among participants were down 40% compared to a control group (Kings Fund, 2020).

Thank You

Primary Care Networks



Any Questions?







Referencing

- Kings Fund (2020) What is Social Prescribing? (online) available from: https://www.kingsfund.org.uk/publications/social-prescribing?gclid=EAlalQobChMI9fO_8aaA8gIVvwWiAx1EUQDuEAAYASAAEgIdZ_D_BwE (accessed on 26/07/2021)
- NHS (2019) New Ways of Working to Free Up Doctors as part of NHS Long Term Plan (online) available from: https://www.longtermplan.nhs.uk/new-ways-of-working-to-free-up-doctors-as-part-of-the-nhs-long-term-plan/ (accessed on 26/07/2021)
- NHS (n.d.) Personalised Care (online), available from: https://www.england.nhs.uk/personalisedcare/what-is-personalised-care/ (accessed on 26/07/21).
- NHS (n.d.) Social Prescribing (online). Available from: https://www.england.nhs.uk/personalisedcare/social-prescribing/ (accessed on 26/07/21)





Get Involved

- Take part in any of our patient/ service user surveys.
- Spread the word about Healthwatch Walsall to other people family and friends.
- Share your experiences and views of health and social care services in Walsall to try and make a real difference to them.
- Volunteer with us in one or more of our volunteer roles available.

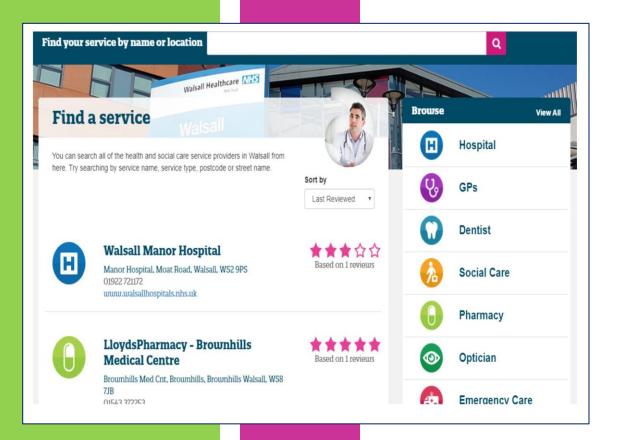




Information, Advice and Signposting

In addition to ensuring that the voices of service users, patients and the public are heard by decision makers in Walsall, we also provide an information and signposting service to the public about accessing services when they need them.









Share your Service experiences

Visit our online Service Feedback Centre review platform.

https://healthwatchwalsall.co.uk/services/

Or call 0800 470 1660

Or Email: info@healthwatchwalsall.co.uk





By Telephone: 0800 470 1600

By Email: info@healthwatchwalsall.co.uk

Via our website contact form:

https://healthwatchwalsall.co.uk/contact/

Via our Service Feedback Centre:

https://healthwatchwalsall.co.uk/services/

Social Media

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Instagram: hwwls

YouTube: Healthwatch Walsall 2020